



MOUNTAIN TOP UNIVERSITY (MTU)

Kilometre 12, Lagos-Ibadan Expressway, Prayer City, Ogun State

A monthly publication of the Editorial and Media Unit

FIVE MORE PROGRAMMES GET FULL ACCREDITATION

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The National Universities Commission (NUC) has granted full accreditation status to the five academic programmes that went through accreditation exercise in October/November, 2019. The programmes are Music, Food Science and Technology, Biology, Biotechnology and Mass Communication. They all scored above 80% in the final result. This is a testimony to the quality of the faculty, staff and facilities in Mountain Top University, coupled with a good standard of operations. The full accreditation status is

valid for a period of five years.

The implication of this is that ALL the programmes in Mountain Top University were fully accredited within its first five years of existence. This means better positioning, more credibility, higher patronage and above all more impact for the university.

We congratulate the Chancellor, Dr D.K. Olukoya, the Vice-Chancellor, Prof. Elijah Ayolabi, the Heads of Department/Coordinators of the accredited Programmes and the entire MTU community for this great achievement.

MTU BECOMES A FULL MEMBER OF THE ASSOCIATION OF AFRICAN UNIVERSITIES

Mountain Top University has been provisionally approved by the Association of African Universities' (AAU) Governing Board to become a Full Member of the association.

The Association of African Universities is a body that provides a continental platform for



registered member universities

in Africa to meet, network, share knowledge, share experiences, broker partnerships and collaborate with one another in a diversity of areas which include research, teaching, learning, scholarships and grants.

The letter, from the AAU secretariat, admitting Mountain Top University into the prestigious

Continued on next page

organization states:

"Please accept congratulations from the Secretary General and best wishes from the AAU Secretariat. We look forward

to a fruitful cooperation with your university in furthering your institutional goals and those for the development of higher education on the continent". We

hope this collaboration will open new and profitable frontiers for the development of our great University.

Second semester tests: Planning and execution

In many ways, it appears that the worst is over as far as the dreaded Covid-19 pandemic is concerned. At its peak, it looked like the world was coming to an end. It seemed that humanity had come to an end as millions of people trudged on, living in febrile anxiety. However, as with everything that has a beginning, we can in a way say that the end of the pandemic seems inevitable. But when the pandemic is finally over, the world will count loses with minimal gains. The pandemic has succeeded in destroying many aspects of humanity and one of the most affected is education. While the pandemic lasted, many schools, primary, secondary and tertiary were all locked down. In fact, many universities were completely shut down with zero level of activities. While this was the case, a few universities continued with their academic programmes through online schemes. In Nigeria, one of the very few universities that moved on, recording fantastic academic

progress, is Mountain Top University. Following successful online lectures where academic staff and all bona fide students participated with determination, tests were also conducted. The tests were in two parts, the first semester tests and the second semester tests. Following the successful first semester tests, the second semester tests followed. It must be noted that the tests had technical challenges arising from internet connectivity, hardware malfunction from end users and unpredictable, fluctuating power supply. On completion of the first semester tests, most of the challenges were noted with a view to correcting them during the second semester tests.

The second semester tests started as scheduled via online platforms. Most of the challenges experienced during the first semester tests were taken care of, however, as with most ICT initiatives, new challenges emerged. Some of the students complained that they

were suddenly logged off during the tests while most complained of rearrangement of questions. In response to all the challenges experienced during the second tests, the university management rescheduled the tests for the affected courses for all levels and programmes. Indeed, the university's response to academic activities upholds the saying that 'necessity is the mother of invention'. The rescheduled second semester tests took care of all the challenges and students who could not write their tests due to one problem or another were able to do so. Following the successful conclusion of the second semester tests, the second semester examination will follow. Having come to terms with most of the challenges associated with online tests, it is expected that the second semester examination will take place with minimal challenges, also hoping that universities would have been opened by then.

MTU ADMISSION PLANS FOR 2020/2021 SESSION IN FULL GEAR

Despite the COVID-19 pandemic and the lockdown of all tertiary institutions in the country, MTU has remained solid in the planning and implementation of virtual lectures for all her students. Presently, to the glory of God, the online lectures, that started April 6, 2020, has been concluded on July 17, 2020. Mid semester tests 1 and 2 have been held, while preparations are being made for 2019/2020 second semester examination. Based on this, there is a need to commence plans on the admission exercise for 2020/2021 academic session by informing and sensitizing the general public on the golden opportunities available to them at Mountain Top University, the only university on top of the mountain.

MTU, as a rule, inculcates in students the ability to conquer intellectual challenges; develop a sense of achievement and integrity; learn from other people's experiences; have deeper knowledge of their field; become an authority in their field and con-

tribute meaningfully to the development of the society.

In spite of the challenges of the current situation in the country, the admission team of the university are not deterred. They have flooded the social media platforms with current and appropriate information on the admission requirements for 2020/2021 academic session in MTU. Mr Kujore Adesoji, one of the MTU admission officers interviewed, said, "Admission posters and videos are in circulation on the university's social media platforms and applicants can find details on the university's website." Members of staff are also encouraged to post or share these admission information materials on their social media platforms.

He also informed us that the UTME score admissible in MTU for the 2020/2021 academic session is 160 and candidates must possess 5 O' level credits (in relevant subjects) at not more than two sittings. Admission is on at the two colleges in the university, namely: College of Humanities, Manage-

ment and Social Sciences (CHMS) and College of Basic and Applied Sciences (CBAS). The most interesting part of the admission is that there are some programmes that offer 50% rebate, such programmes are Physics, Biology, Mathematics, Chemistry and Religious Studies. All the courses offered in MTU are already captured in the fliers and posters. Some of these posters are featured on the last page of this bulletin.

Another good move by the university, in terms of generating massive publicity for the 2020/2021 admission exercise, is running of admission adverts on MFM TV and Dove TV and all their online and social media platforms.

We therefore encourage all and sundry to use every opportunity available to them, physically and virtually, to announce and spread the good news about MTU admission exercise for 2020/2021 academic session. It shall indeed be a great harvest.

WORDS ON MARBLE

Brethren I count not myself to have apprehended but this one thing I do, forgetting those things which are behind and reaching forth to those things which are before.

- Philippians 3:14



Mountain Top University

Empowered to Excel

Km 12, Lagos-Ibadan Expressway,
MFM Prayer City, Ogun State

Begin the Journey to
Greatness

2020/2021
ADMISSION

APPLY
NOW



For more information, call

08037414694, 08039505596

www.mtu.edu.ng

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YOU DESERVE THE BEST EDUCATION

Applications are invited for admission into the following programmes for 2020/2021 Academic Session

Available Courses

College of Basic & Applied Sciences

- Applied Geophysics
- Biochemistry
- Biology
- Biotechnology
- Chemistry
- Computer Science
- Geology
- Industrial Chemistry
- Mathematics
- Microbiology
- Physics
- Physics with Electronics
- Food Science & Technology

College of Humanities, Management & Social Sciences

- Accounting
- Business Administration
- Economics
- English
- Finance
- Industrial Relations & Personnel Management
- Mass Communication
- Music
- Public Administration
- Religious Studies
- Securities & Investment

HIGHLIGHTS

- ✓ Well equipped Laboratories
- ✓ Scholarship for Students
- ✓ Comprehensive Library
- ✓ Air-Conditioned Classrooms
- ✓ World-Class Health Facilities
- ✓ Serene and Secure Environment



FOUNDATION AND PRE DEGREE PROGRAMMES ALSO AVAILABLE

CONTACT US

Mountain Top University,
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Email: support@mtu.edu.ng

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BENEFITS OF HEALTHY DIET – Dr Oluwatoyin Adewumi

A healthy diet is one that helps improve and maintain overall health.

Healthy diet provides the body with essential nutrition which includes fluid, macronutrients and micronutrients in adequate proportion.

Sources of Healthy Diet: Vegetables, Nuts, Berries, Beans, Whole Grains, Seafoods, Poultry, Olive Oil, Animal Fats, Sugars, Chocolates and Garlic.

Benefits of Chocolate: It reduces risk of stroke; good source of mineral; reduces blood cholesterol level and improves blood circulation. Example includes Dark chocolate.

Benefits of Vegetable: It contains vitamins, fibres and minerals. It protects against cancer. It protects against heart disease. It helps in adequate bowel movement. Example include Spinach, Ugu, Ewedu, Green, Lettuce, Water leaf, etc

Benefits of Nuts: It is a good source of protein. A good source of monounsaturated fats and polyunsaturated fats. It

protects against heart disease. It helps burn energy. Examples are hazelnuts, walnuts, groundnuts and cashew nuts.

Benefits of Berries: They have anti-inflammatory properties and may protect against cancer. They improve blood sugar levels and may reduce blood cholesterol level. Example includes: blackberries, strawberries, blueberries and raspberries.

Benefits of Beans: It is a source of fibres, source of vitamins and a good source of proteins. It improves healthy movement and reduces blood cholesterol level. Example includes: Black beans, red beans, kidney beans, soya beans, etc.

Benefits of Whole Grains: They reduce risk of heart disease, type 2 diabetes and cancer. Example includes: Millet, Oatmeal, Brown rice, Wheat, Barley, etc

Benefits of Seafoods: They are a good source of proteins, calcium and vitamin E (which is an antioxidant). Examples are oysters, salmon, sardines, rainbow trouts, etc.

Benefits of Poultry: It is a

good source of protein, vitamin B, vitamin E, Zinc and Iron. It is also an immunity booster and sustains body musculature. Example includes: Chicken, Turkey, Eggs, etc.

Benefits of Olive Oil: It is rich in monounsaturated fats, a good source of antioxidants and has anti-inflammatory properties. It also reduces risk of stroke and heart disease. Example includes Virgin olive oil, Pure Olive oil.

Benefits of Animal Fats: Although moderate consumption is advised, animal fat is rich in monounsaturated fats and improves blood cholesterol level.

Benefits of Sugars: It is a good energy source and an instant mood booster. Example includes white flour and brown sugar.

Benefits of Garlic: It combats common cold, reduces blood pressure and improves blood cholesterol level.

References

<http://www//.foodnetwork>

<http://www//thehealthsite.com>

STAFF BIRTHDAYS FOR AUGUST

DATE	NAME	DEPARTMENT/POSITION
August 1 st	John Oluwamakinwa Akinsola	Students' Affairs
August 3 rd	Rachel Omorinola Aimierovbiye	Students' Affairs
August 4 th	Mr Olugbenro Paul Ashade	Mass Communication
August 6 th	Dr. Johnson Iyiola Ogundele	Business Administration
August 8 th	Dr. Helen Olubunmi Jaiyeola Akinade	University Librarian
August 10 th	Ife Olalekan Ebo	Computer Science
August 13 th	Prof. Elijah Adebawale Ayolabi	Vice - Chancellor
August 14 th	Taiwo Racheal Bankole	Biological Sciences
August 14 th	Dr. Gabriel Olugbenga Oludadepo	Medical Centre
August 20 th	Oluranti Tayo Adegbala	Biological Sciences
August 26 th	Akinola David Agboola – Olowe	MTU Ventures
August 27 th	Dr. Gabriel Bidemi Akanni	Biological Sciences

OUR MISSION

OUR VISION

The Mountain Top University is envisioned as a dynamic centre of academic excellence in the liberal tradition for the production of top-rate, morally sound graduates of distinctions who will be globally competitive for outstanding impact on the Nigerian societal and global development.

The mission of Mountain Top University is the provision of excellent facilities for

the training of men and women in various academic, professional and vocational disciplines in an atmosphere that will enhance the simultaneous development of their spiritual, mental and physical faculties, in order to produce morally upright and academically sound graduates with specialised skills and value systems, who will be independent, invariably self-employable and who will be able to impact positively on the development (be it in leadership, academic, public and the industrial sectors) of their communities, the Nigerian society and the global community at large

CORE VALUES

- Excellence
- Integrity
- Skill

EDITORIAL AND MEDIA UNIT MEMBERS

- Dr. (Mrs) Chinyere A. Mbaka (Chairperson)
- Dr. (Mrs) Tolulope O. Oladejo
- Dr. Olusegun I. Ogunsuyi
- Dr. Promise O. Adiele



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